RR10 Race 4
Manor Farm Country Park
Wednesday 6th June

Race 4 saw an awe inspiring turnout for Totton with a grand total of 58 members starting (and indeed finishing) the race. No other club (not even Lordshill) came close to matching this number of runners. Getting a high turnout for races of this nature (i.e. where scoring is calculated by finishing positions) is crucial because at the risk of sounding like a cracked record, the sheer volume of blue vests has a significant impact on the positions of other clubs and messes up their team scores. So well done everyone and please keep coming along ☺

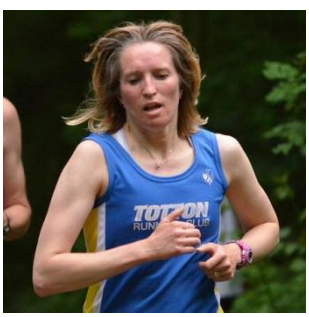
The race itself was one of the more challenging courses. Narrow paths along the early stages of the route forced some faster runners (caught out by a surprise start) to hold back until the course opened out. Then followed a fairly pleasant (if not particularly flat) run along farm tracks and riverside paths until the runners reached THE HILL. Located just before the finish, this was an energy sapping climb that enabled those with fresher legs to gain an advantage in the crucial final stages.

The ladies' team stepped up a gear for this race with Lucy Buis, Claire Dyer and Michelle Hall flying across the finish line in rapid succession. Their score of 37 points was the most competitive A Team performance so far this season and saw them place 3rd behind New Forest and Winchester. The B Team also performed well with Virginia Collins (2nd V50), Lara Cove and Penny Watson all improving on their positions from the previous race.

The Men's A Team continued their consistent run of good scoring positions with Matt Watson anchoring the familiar names of Nick Buis, James Dean, Stephen Simpson and Graham Bungay. They finished in 2nd place once again just behind Southampton who fielded a strong team and dominated the front of the field. Not very far behind was a very competitive B team led by Sean Driscoll who repeated their Race 2 trick of finishing inside the top 50 to claim an impressive 7th place.

Please note that Race 5 on 20th June is at Alver Valley Country Park near Gosport. This will be a challenge to get to by 19:30 because of early evening traffic along the M27, so leave early if you can.

Graham Bungay clears the hill ahead of a rival


Lucy Buis is the first Totton lady home

Club President Brian Harvey wins the V70 cat.

Miranda Eason enjoys her RR10 debut

Penny Watson navigates her way through the field

Simon Price positions himself well at the start

Marlene Letheren beats her Race 3 position

Ben Sims clears the hill and heads for the finish

RR10 Race 4
Manor Farm Country Park
Wednesday 6th June

Complete Totton Results

Men's Team A	**2nd (2nd)**
Nick Buis (S)	3rd (1st)
James Dean (S)	7th (7th)
Stephen Simpson (J)	9th (10th)
Graham Bungay (V40)	16th (15th)
Matt Watson (S)	27th (24th)

Men's Team B	**7th (11th)**
Sean Driscoll (V40)	30th (49th)
Brian Frampton (V50)	34th (30th)
Richard Alderson (S)	38th (35th)
Simon Price (S)	39th (43rd)
Steve Wallington (V50)	48th (48th)

Men's Team C	**14th (14th)**
Neil Vincent (V40)	49th (59th)
Rob Barnes (S)	57th (61st)
Andy Dyer (V40)	66th (53rd)
Eamonn Rivers (V50)	72nd (58th)
Chris Barnes (V40)	78th (69th)

Men's Team D	**21st (17th)**
Tony Lees (V50)	100th (71st)
Darren Slater (V40)	103rd (84th)
Graeme Martin (S)	112th (102nd)
Dave Murray (V40)	113th (100th)
Andy Gates (V50)	117th (80th)

Men's Team E	**28th (23rd)**
James Archer (S)	131st (91st)
Jeremy Weaving (V50)	132nd (n/a)
Tom Mills (S)	144th (104th)
Kevin Harris (V40)	152nd (131st)
Ben Simms (S)	153rd (135th)

Men's Team F	**32nd (29th)**
Steve Foster (S)	161st (136th)
Keith Roff (V50)	162nd (134th)
Pete Mills (V50)	163rd (n/a)
Mike Mills (V60)	167th (144th)
Kevin Thomas (V40)	177th (157th)

Men's Team G	**35th (30th)**
Shaun Grieves (S)	179th (160th)
Lindsay Davis (V50)	180th (158th)
Wayne Taylor (S)	183rd (156th)
Simon Mason (V50)	186th (158th)
Brian Harvey (V70)	192nd (162nd)
Graham Clarke (V50)	197th (172nd)
Colin Skether (V40)	198th (168th)
John Timms (V70)	201st (172nd)

Ladies Team A	**3rd (5th)**
Lucy Buis (S)	10th (13th)
Claire Dyer (S)	11th (20th)
Michelle Hall (S)	16th (15th)

Ladies Team B	**15th (13th)**
Virginia Collins (V50)	30th (34th)
Lara Cove (S)	52th (58th)
Penny Watson (S)	55th (65th)

Ladies Team C	**20th (22nd)**
Janet Foote (V50)	57th (66th)
Emma Pilbeam (S)	64th (57th)
Sonia Cluitt (V50)	68th (76th)

Ladies Team D	**24th (25th)**
Marlene Letheren (V50)	69th (74th)
Helen Kennedy (S)	71st (n/a)
Frances Stewart (V60)	73rd(80th)

Ladies Team E	**30th (31st)**
Elii Maag (S)	83rd (102nd)
Priscilla Cook (V40)	95th (105th)
Angela Soffe (V40)	105th (65th)

Ladies Team F	**36th (40th)**
Tina Mills (V50)	108th (117t)
Alison Kaines (V40)	111th (124th)
Louise Waight (S)	114th (128th)
Sylvia Timms (V70)	116th (133rd)
Miranda Eason (S)	117th (n/a)

Note – The number in brackets is the respective position from the most recent 2012 RR10 race in which that runner or team registered a result.